



**HOW TO PREPARE FOR YOUR
UPPER GI ENDOSCOPY (EGD)**

Your procedure is scheduled at:

___ East Tennessee Gastroenterology 2404 Chambliss Ave

___ Tenna Healthcare Main Campus 2305 Chambliss Ave

Procedure Date: _____

Arrival Time: _____

You must have someone to drive you home following your procedure

5 days prior to your procedure stop taking the following medications:

- Aspirin
 - Aleve
 - BC or Goody's Powder
 - Iron or Vitamins with Iron
 - Advil
 - Ibuprofen
 - Motrin
- ▶ **You May Take Tylenol**

Unless otherwise instructed take your regular medications as usual the day before your procedure, but **Do Not** take your Morning medications the day of your procedure.

You CAN NOT eat any solid foods after 10 pm the day prior to procedure, but you may drink CLEAR liquids up until Midnight

Clear liquids are juices without pulp (apple, white grape), water, coffee, tea, Jell-O, Coke, Sprite, Ginger Ale, Dr. Pepper, Gatorade, flavored waters, clear broth or bouillon, and popsicles. **NOTHING RED OR PURPLE IN COLOR.**
Milk, cream and other dairy foods ARE NOT clear liquids.

Drink only water after midnight.

DO NOT drink anything after _____

Bring your photo ID to your procedure. You will need a driver present during your procedure.

We charge a \$100 fee for office procedures that are not cancelled by 12:00 pm on the Thursday prior to a Monday procedure. We charge \$100 for office procedures not cancelled 48 hours in advance of a Wednesday procedure.