



East Tennessee
Gastroenterology
PLLC

Clear Liquid Diet

- Water
- Broth or Bouillon
- Coffee (no milk or creamer)
- Tea (hot or cold)
- Sodas and ginger ale
- Apple juice, white grape or white cranberry

AVOID ALL RED AND PURPLE LIQUIDS!!!!

**No Juice with pulp, No Cream soups, No dairy items
and No Alcohol**

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Gastroenterology, PLLC
2404 Chambliss Avenue
Cleveland, TN 37311

George A. Samuel, D.O.